Healthwatch Committee meeting 12 June 2017 Research projects 2017–18 Presented by: Steph Edusei



Members of the Committee are asked to:

- Approve the project initiation documents for the:
 - Screening and vaccinations research
 - o Intermediate care project
- Note the progress and approach for the other research priorities

2017-18 priorities

Following the 2017–18 priority setting process, the Committee has agreed the following priorities for Healthwatch Newcastle's work:

- 1. NHS Continuing Health Care (CHC)
- 2. Care leavers/young homeless
- 3. Screening and vaccinations

The Committee also agreed that we would continue to discuss mental health to see if a clear area of research emerged during the year.

We still have a project from last year's priorities, intermediate care, which was delayed due to a later than expected start for the city-wide review (led by NHS Newcastle Gateshead Clinical Commissioning Group and Newcastle City Council). The review is now underway and we have designed our project to complement that work.

Research projects

- 1. CHC: this project will be done across Newcastle and Gateshead and will be a joint report from Healthwatch Newcastle and Healthwatch Gateshead. It is currently being scoped and the project documentation will be shared as soon as possible.
- 2. Care leavers/young homeless: the exact scope of this work is being discussed with stakeholders and project documentation will also be shared as soon as possible.
- 3. Screening and vaccinations: the project initiation document (PID) is attached, which describes the scope and approach for this research.
- 4. Intermediate care: the project mandate has been shared with key stakeholders and their feedback has been used to design the project scope and approach contained in the attached PID.



Lite Project Initiation Document (LPID)

Project title	eening and vaccinati	Project Manager	Rachel Wilkins	Date	09/05/2017
Background					

Public health shared information with Newcastle Health Scrutiny about the variability, and in some cases very low uptake, of cancer screening (particularly breast, cervical and bowel) and vaccinations (particularly flu vaccinations). Data showed that breast and cervical cancer screening uptake is low at certain GP practices in Newcastle and that bowel cancer screening and flu vaccinations are low across Newcastle. Discussions with the CCG and others following this showed that it was of concern across Newcastle and Gateshead. Research in this area is needed to find out why people in low uptake areas think uptake is low, what they think the barriers are to attending and how these barriers could be overcome.

Definition

We plan to engage with those communities in Newcastle where uptake of screening and vaccinations is low. Through engagement, we aim to identify what the barriers are to attending appointments and ways to overcome them.

This research will take place in Newcastle first and then possibly be repeated in Gateshead.

Objectives

- 1) Communities in Newcastle with low uptake have been identified and dialogue has taken place
- 2) GP practices in Newcastle serving these communities have been identified and dialogue has taken place
- 3) Barriers to attending appointments have been identified
- 4) Ways to overcome the barriers have been identified
- 5) Research findings have been shared with relevant stakeholders

Benefits

1) All stakeholders have a better understanding of why certain communities in Newcastle do not take up offers of screening and vaccinations

2) Primary care services and public health have a better understanding of the community it serves and the barriers it faces

3) Primary care and public health uses this information to remove barriers

4) Numbers of people attending screening and vaccination appointments in certain areas of Newcastle has increased

Scope and exclusions

1) The project will focus on having a dialogue with communities in Newcastle where there is a low uptake of cancer screening and/or vaccinations.

2) The project will only gather information on why people think uptake is low, what they think the barriers to attending are and how these barriers could be overcome

3) The project will only consider flu vaccinations, childhood vaccinations (preschool) and breast, cervical (and bowel) cancer screening.

4) It will not report on individual GP practice performance or what GP practices are doing to invite people, encourage attendance and follow up patients. This will be something GPs will be encouraged to review once the research is complete.

Key deliverables/desired outcomes

in low uptake areas think uptake is low, what they think the barriers to attending are and how these barriers could be overcome. 2) GP practices serving the target communities (and practices who have self- selected to be involved) will be asked if they can invite people who have missed cancer screening or vaccination appointments in the last 12 months to a focus group at the practice.

3) GP practices serving the target communities (and practices who have self- selected to be involved) will be asked if they can send a survey to people who have missed cancer screening or vaccination appointments in the last 12 months (number to be defined once we have more data) people have given their views

5) Findings will be shared in a report and sent to all relevant stakeholders

6) Primary care has implemented new ways of working to remove barriers

7) The targeted GP practice's screening and vaccination rates have increased a year later

Risks

1) Difficulties accessing the target communities

 2) Difficulties accessing 3) Low attendance at fo 4) Low survey response 							
Timescales	Value £ To be defined						
Research needs to be o	completed by October 2017, with data analysis and report writing completed by Feb 2018.						
Constraints							
No constraints identified	at present						

Activity	Stakeholder group	Start date	End date	Frequency	Lead
A list of activities to communicate - These may include leaflets or face to face contact	All those who will be affected or those who may have an interest in the project			Dependant on resources and type of stakeholder	The person who has responsibility to deliver the message
Initial one to one meetings	Public Health, CCG, Practice managers, Cancer Alliance, VCS, LMC		30/06/2017	One off	RW
Project outline and opportunities to volunteers for them to consider involvement	HW volunteers		15/06/2017	One off	RW
Project plan sharing and approval	Project board		23/06/2017	One off	RW
Project outline to stakeholders for information	Manage closely, keep satisfied and keep informed		30/06/2017	One off	RW
Project monthly update	Project board	23/06/2017	31/03/2018	Monthly	RW
Survey promotion	GP Practice managers	01/08/2017	31/10/2017	One off	RW
Project update	Keep satisfied, manage closely and keep informed		31/10/2017		RW
Final report for comment Report published	Key stakeholders involved in the report eg: practices, CCG, public health All - including going back to groups	01/02/2018			SE
One to one meetings and presentations	Public Health, CCG, Practice managers, Cancer Alliance, VCS, LMC		31/05/2018	Ad hoc	RW / SE



Project plan

No.	Action/Task item	Owner	% complete	Apr	Мау	Jun
	Background research and meetings with key stakeholders	RW				
2	Project outline and potential roles shared with volunteers so they can express an interest	RW				
3	identified and set up	RW				
4	Project plan written	RW				
5	Project plan approved by project board	RW				23/06/2017
6	Project outline shared with stakeholders	RW				
7	Planning meeting with volunteers interested in helping with research					Late June
8	Focus group design	RW				
9	Survey design	RW				
10		RW/MB				
11	Work planning meetings with relevant GP practice managers	RW				
12	Contact made with relevant community groups	MB				
13	Volunteer training	RW/MB				
14	practices with covering letter	RW				
15	Project board updated	RW				
16	Project board updated	RW				
17	Project board updated	RW				

18	Focus groups	MB		
19	Survey live	RW		
20	Stakeholder update	RW		
21	Data analysis	RW		
22	Report writing	RW		
23	Report distributed to commissioners and service providers for comment	SE		
24	Report published	DH		
24	Feedback meetings with key stakeholders and community groups	RW/MB		

Key milestones

Project plan approved - 23 June

Agreement to share surveys finalised with GP Practice managers - 30 June

Focus groups and surveys finalised - 21 July

Surveys shared with GP Practice managers - 26 July

Volunteers trained - 31 July

Survey live from 1 Aug to 31 Oct

Focus groups held - 1 Aug to 31 Oct

Report written for comment by stakeholders - 31 Jan 2018 at latest

Report published - 1 Mar 2018



Date 23/05/2017

Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
07/07/2017 07/07/2017								
21/07/2017								
Late July								

ID	Risk type	Owner	Description	Controls in place	Gap in controls	Actions	Progress notes	Risk level (initial)	Risk level (current)	Risk level (Target)	Opened (date risk	Review date
1	Stakeholder engagement	Project Manager	If there is a lack of engagement then the project may not be supported by stakeholders resulting in the identified benefits not being achieved.	Communication plan in place Meetings with various groups Regular updates via mail shots and meeting attendance Stakeholder analysis regularly reviewed	There is a need to ensure that there isn't a large gap in communication as the project progresses	Review comms at the end of each month and act on any gaps identified		Likelihood (4)	Likelihood (4) Impact (5)	Likelihood (1) Impact (1)	identified)	
2	Stakeholder engagement	Project Manager	organise focus groups or send survey to patient list	We will be working with VCS groups in the targeted areas to run focus groups and can ask them for help distributing any surveys if needed. If needed, ask GP practices to place survey in waiting rooms				Likelihood (3) Impact (4)	Likelihood (3) Impact (4)	Likelihood (1) Impact (1)		
3	Project initiation		A lot of work is already happening so there may be a delay in initiating the project whilst we think through what we can do to add value	Meetings with key stakeholders arranged There is a two month contingency to allow time to define the scope if needed	Unable to find where we can add value		Currently busy finding out what is happening in this area. Will be able to review once meetings with stakeholders have taken place.	Likelihood (4) Impact (3)	Likelihood (4) Impact (3)	Likelihood (1) Impact (1)		
4	Stakeholder engagement	Project Manager		Cellaborative working with key VCS and community groups should boost numbers. Survey provides some back up There is a two month contingency to allow time to do more community engagement work if needed.		No action yet		Likelihood (3) Impact (4)	Likelihood (3) Impact (4)	Likelihood (3) Impact (1)		
5	Stakeholder engagement	Project Manager		Collaborative working with key VCS and community groups should boost numbers. Collaborative working with practice managers should boost numbers Could extend survey citywide to boost numbers There is a two month contingency to allow more time if needed.		No action yet		Likelihood (5) Impact (4)	Likelihood (5) Impact (4)	Likelihood (3) Impact (1)		
6	Impact	Project Manager	Negative reaction to findings from stakeholders	Positive relationships cultivated throughout the project should hopefully mitigate this risk Sensitivity to how findings are presented in the report Meetings with concerned stakeholders as they arise	Have responsibility to report what we find and some of that may be negative	No action yet		Likelihood (2) Impact (3)	Likelihood (2) Impact (3)	Likelihood (2) Impact (3)		
7	Impact	Project Manager	taken forward	Engagement of stakeholders throughout process Ensure recommendations are reasonable Meet with stakeholders to discuss recommendations	Stakeholders may have valid reasons for not being able to implement recommendations	No action yet		Likelihood (2) Impact (3)	Likelihood (2) Impact (3)	Likelihood (2) Impact (3)		
8 9												
10 11							+					
12												



Lite Project Initiation Document (LPID)

Project title	Intermediate Care	Project Manager	Lyndsay Yarde	Date	May-17
Background					

Healthwatch Newcastle picked Intermediate Care as a priority to focus on in 2016/17. In order to maximise potential impact this priority has been deffered to 2017/18 so that the work aligns with the review of Intermediate Care that is currently taking place. Healthwatch Newcastle chose Intermediate Care as one our priority for the following reasons:

1. Intermediate Care is an rapidly emerging area of service provision set to become an increasingly significant component of the overall offer, it is therefore crucial that service users voices are heard during this key period of development

2. We believe our research in this area will complement and add to information already gathered by NUTH, the CCG, Newcastle City Council and the Intermediate Care Steering group.

3. It will provide an opportunity to contribute to the current service review of Intermediate Care

4. Our key remit is to ensure that service users and the public are involved in the ongoing development of health and care services

Definition

Healthwatch Newcastle's Intermediate Care projects goals are to:

1. Better understand how service users experience the various elements of the current Intermediate Care offer, including residential provision, re-ablement services and other community based service

2. Determine whether those in receipt of IC services feel that they hace had a positive impact on their well - being and have enabled them to get to where they want to be

3. Give people in receipt of Intermediate Care the opportunity to share their views about the services they receive and to make suggestions about how they might be improved

4. Share our findings with Newcastle City Council, Newcastle Hospitals, the CCG and the Intermediate Care Steering Group.

5. Ensure that our findings feed in to and influence the outcome of the review of Intermediate Care currently being undertaken by the Intermediate Care Steering Group

Objectives

This work aligns with our strategic objectives to: 1. Ensure that services users, patients, carers and the public are involved and engaged in the design and delivery of health and social care services 2. To support the improvement of the quality of social care and health services by identifying and prioritising key issues 3. To be a valued, influential and challenging critical friend to providers and commissioners of social care and health services and 4. To contribute to the representation of the views of Newcastle people

Benefits

The benefits of the work will be increased organisational intelligence for Healthwatch Newcastle, which will also be shared with NCC, the CCG and Newcastle Hospitals. In addition our approach, focusing on user experience of Intermediate Care, will provide some constructive insights into any emmerging issues or areas of concern with the current service. Where appropriate, we will make recommendations for service improvements which in turn will feed into and enhance the service review Newcastle's Intermediate Care services currently underway. The aim of the service review is develop an intermediate care model that better reflects the needs of an aging local population and which ensures that any older person who needs it receives a rapid assessment and appropriate intermediate care that prevents them having to be admitted to hospital, enables them to leave hospital as soonas they are medically fit, and stops them having to be moved permanently into a care home before they need to.

We will gather this information through a combination of structured interviews and surveys.

We plan to carry out 20 home visits to people who have recently received re-ablement services, where we will undertake structured interviews using largely open questions. We will also visit the 3 residential homes providing intermediate care services to carry out similar interviews with up to 4 service users from each establishment. Users of community services will be invited to complete either an online (surveymonkey) questionnaire or paper based survey and will also be offered the opportunity of a home visit. When selecting interviewees we will try to ensure a wide a spread as possible in terms of age, location, socio-economic groupings and the nature of their support requirements and the type of support they received

Key deliverables/desired outcomes			
nearthwatch Newcastle will:	ant conviges in the	r homo	
 Prepare a survey for people in receipt of re-ablem Arrange 20 home visits and carry out 1:1 interview 		II HOME	
с ,		ata Cara	
 Prepare a similar survey for recipients of resident. Carry out 1:1 interviews with up to 4 residents in 			m Intermediate Care
placements	each opr the care h	ionie currentry oriening short terr	n intermediate care
	int of other commu	unity based Intermediate Care ser	Nicos
 Prepare and distribute a survey for people in rece Prepare a report of our findings 		anty based intermediate care ser	VICES.
Prepare a report of our findings			
Risks			
• We may struggle to recruit participants			• Care
Home managers may not engage with the project			
	a and arrange visits		It may take Decente may be
longer than anticipated to make contact with peopl	-		People may be
reluctant or unable (unwell, not a home) to talk to		5	
. There are staff safety concerns associated with ho		with members of the public	
Timescales	Value £	£4,450	
Stage one - planning - May - June 2017			
Consultation with NCC & CCG			
Recruit & train volunteers?			
Write to Care Homes			
Survey design			•
Start to arrange Visits			
Stage two: Visits Jul - August 2017			
Carry out home visits and visits to Care Homes			
Distribute & publicise Community Services survey			Stage
three: Aug - Sept 2017			0
Data analysis			
Report writing			
Report consultation and publication			

Constraints

The Project Manager leading on the project doesn't have the time to undertake the work and deliver the report within the agreed timescales



Communication plan

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Activity	Stakeholder group	Start date	End date	Frequency	Lead
Communicate purpose of the project and check that it will add value to work already underway	Adult Social Care, CCG and Newcastle Hospitals	Jun-17	Jun-17	Once	LY
Communicate purpose of the project to relevent care home providers	relevent Care Home Providers	Jun-17	Jun-17	Once	LY
Upload and publicise community services survey	People in receipt of Intermediate Care community services	Jul-17	Jul-17	Once	LY & DH
Share report with Adult Social Care, CCG, Newcastle Hospitals and relevent Care Homes	Adult Social Care, CCG, Newcastle Hospitals and Care Homes	Sep-17	Sep-17	Once	LY
Share report with people who took part in the surveys	Service Users	Oct-17	Oct-17	Once	LY
Share report with mailing list and publish	All stakeholders	Oct-17	Oct-17	Once	LY & DH

Benefit realisation plan					heal	thw ə tcl
Benefit/outcome of project	Baseline measure	Target	Target date	Mechanism for measurement	F	Newcast
Healthwatch Newcastle has greater knowledge about local intermediate care provision and service users experience of it	Newcastle Hospitals survey of IC service users satisfaction and CCG consultation report into Care Home Vanguard		Sep-17	Compare findings of the final report with what we knew in June 17	1	LY
Knowledge is also made available to the CCG, Adult Social Care, Newcastle Hospitals, Care Home Providers & the IC steering Group	Newcastle Hospitals survey of IC service users satisfaction	Stakeholders have increased understanding of Service Users experiences of IC services	Sep-17	Meet with stakeholders to discuss report and check that findings have added to local knowledge	1	LY
Recommendations for improvements are shared with all stakeholders and inform the review of IC services currently underway.	Current provision	Recommendations are included in Service Review	Dec-17	Continueed involvement of HWN in IC steering Group	monthly	SE
Users of IC services receive a better service	Newcastle Hospitals survey of IC service users satisfaction	Users of IC services receive a better service	Dec-17	Follow up survey	1	?



Action/Task item	Owner	% complete	Apr	Мау	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan
complete project plans	LY											
consult with NCC & CCG	LY											
Design Questionnaires	LY											
Source participants	LY											
Arrange visits	LY											
Carry out visits	LY & Vols											
Analyse results	LY											
Write report	LY											
Report consultation	LY & DH											
Report distribution	LY &BN											

Milestone dates

ID	Risk type	Owner	Description	Controls in place	Gap in controls	Actions	Progress notes	Risk level (initial)	Risk level (current)	Risk level (Target)	Opened (date risk identified)	Review date
2	Stakeholder engagement	Project Manager	users to interview	Communication plan in place and there will be ongoing publicity about the ptoject. NCC and NUTH aware of the project and able to provide contact details of service users	Service users can not be forced to take part	Ask NCC and NUTH to endorse and support the survey				x	06/06/2017	31/07/2017
	Stakeholder engagement	Project Manager		NCC and NUTH to be asked to provide contact details of people likely to be available and willing. Visits to be undertaken by experiences staff/volunteers, who will alert the PM if visits take lomnger than planned	Unexpected/unknowable delays	Regular progress review and the possibility of involving more staff/volunteers in the work		x	x		06/06/2017	31/6/17
3	Stakeholder engagement	Project Manager		Communication plan in place - Care Home managers will be written to at the start of the prjuect to outline what we are doing and why. There will be ongoing publicity about the ptoject		Project Manager to actively engage with Care Home managers and provide publicity materials and other resources		x	x	x	06/06/2017	30/06/2017
4	Stakeholder engagement	Project Manager	Service Users may not complete the survey about IC community services		Service users can not be forced to engage	Project Manager to actively encourage NCC and NUTH to promote and support completion of the survey		x	x		06/06/2017	31/07/2017
	Staff Availability	Project Manager	week and may not have the time available to deliver the project on time	will allow the PM to work more days	May not get the funding	Continuous review						30/06/2017
5	Failure to have an impact	Project Manager	onboard the findings and	NHW CEO is a member of the IC steering group and the group has endorsed this piece of work		HWN CEO to regularly update the IC steering Group on project progress and ensure that project adds value to other work currently underway					06/06/2017	30/10/2017